



### **PSHCE**

How can we stay fit and healthy? Which types of food should we be eating regularly and which should we have as a treat? Our teeth and oral hygiene will also be a strong focus during this topic.

### **Role Play and Visits**

We shall be visiting Sainsbury's and our local shops to buy our ingredients for our meals. Our role play areas will be transformed into a café and restaurant.



### **Art**

In Art we will be creating chalk and pastel drawings of food! The work of Cezanne and Giuseppe Arcimboldo will be used as a basis of our art work.

### **Geography**

Just where does our food come from? 'The World Came to My Place Today' story will be used as a starting point for the children to find out the answer to this question and to find different countries on basic world map.



### **DT**

The children will design a healthy pack lunch for Mr Grinling from the Lighthouse Keeper's Lunch story as well as planning, making and evaluating their very own meals! I wonder what you can create at home?

### **ICT**

The children will use Early Essentials and 2Simple 2Graph to produce graphs and bar charts to show their favourite foods and drinks. They will learn how to insert pictures from the gallery to create a food faces in Notebook and type simple sentences about their images.

### **Science**

The science this term will focus around healthy eating and how we can keep our bodies strong and healthy through our diet and exercise. We shall discuss how food helps our bodies grow and if our food comes from plants or animals? The children will be asked to keep a food diary over the weekend.

### **RE**

Who is the Bible important to? In year 1 we shall be learning about the importance of the Bible and about some of its content through exploration of some well-known characters and stories.



# **food glorious food**

### **Music**

In music we will be singing songs about food and getting ready for our Christmas performance. Our music sessions will focus on long and short sounds.