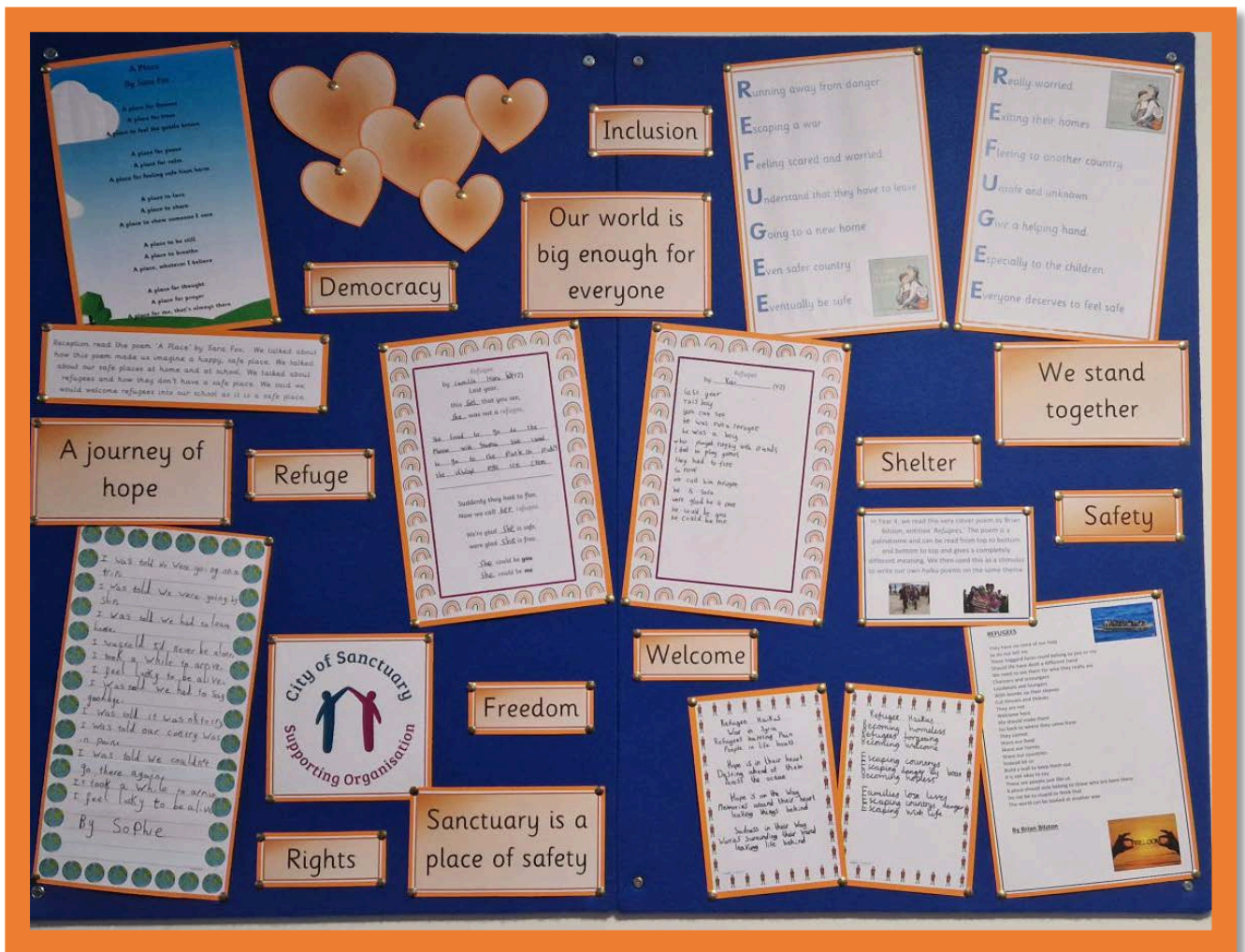


# Archibald First School

## Autumn 1 Newsletter Number 3 2023

### School of Sanctuary

Archibald has pledged our support to Schools of Sanctuary. For World Poetry Day, the theme was Refugee and each year group focused on this theme and the ideas of journeys, shelter and safety.



Refugee Haikus

War in Syria  
Refugees battling Pain  
People in life boats.

Hope is in their heart  
Destiny ahead of them  
Across the ocean

Hope is on the way  
Memories around their heart  
leaving things behind

Sadness in their way  
Worries surrounding their mind  
leaving life behind

Refugee Haikus

Becoming homeless  
Refugees forgetting  
Becoming welcome

Escaping countrys  
scaping danger by boat  
Becoming hopless

Families lost lives  
scaping countrys danger  
Escaping with life

**R**eally worried

**E**xiting their homes

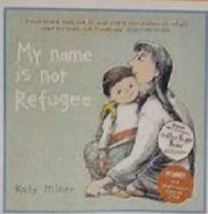
**F**leeing to another country

**U**nsafe and unknown

**G**ive a helping hand

**E**specially to the children

**E**veryone deserves to feel safe




Refugee  
by Kai (Y2)

last year  
THIS boy  
you can see  
he was not a refugee  
he was a boy  
who played rugby with friends  
liked to play games  
they had to flee  
So now  
we call him refugee  
he is safe  
were glad he is free  
he could be you  
he could be me.




## REFUGEES




They have no need of our help  
So do not tell me  
These haggard faces could belong to you or me  
Should life have dealt a different hand  
We need to see them for who they really are  
Chancers and scroungers  
Layabouts and loungers  
With bombs up their sleeves  
Cut-throats and thieves  
They are not  
Welcome here  
We should make them  
Go back to where they came from  
They cannot  
Share our food  
Share our homes  
Share our countries  
Instead let us  
Build a wall to keep them out  
It is not okay to say  
These are people just like us  
A place should only belong to those who are born there  
Do not be so stupid to think that  
The world can be looked at another way

By Brian Bilston




I was told we were going on a trip,  
I was told we were going by ship,  
I was told we had to leave home,  
I was told I'd never be alone,  
I took a while to arrive,  
I feel lucky to be alive,  
I was told we had to say goodbye,  
I was told it was ok to cry,  
I was told our country was in pain,  
I was told we couldn't go there again,  
It took a while to arrive,  
I feel lucky to be alive.

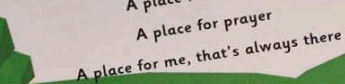
By Sophie



## A Place By Sara Fox



A place for flowers  
A place for trees  
A place to feel the gentle breeze  
  
A place for peace  
A place for calm  
A place for feeling safe from harm  
  
A place to love  
A place to share  
A place to show someone I care  
  
A place to be still  
A place to breathe  
A place, whatever I believe  
  
A place for thought  
A place for prayer  
A place for me, that's always there



Reception read the poem 'A Place' by Sara Fox. We talked about how this poem made us imagine a happy, safe place. We talked about our safe places at home and at school. We talked about refugees and how they don't have a safe place. We said we would welcome refugees into our school as it is a safe place.

# OPAL Bingo is back!



**After the success of our last game of OPAL bingo, we're back for round two!**

The same rules apply as before in that the first class to complete the bingo card will win a whole afternoon of OPAL time! So, eyes down..... and good luck!!!

Funky Hat	Action Figure	Office Equipment (Keyboard, phone etc)	Plastic Jug/Funnel
Handbag/Purse	Pots/Pans & Baking Trays	Baby Dolly	Kitchen Utensils
Wellies Size 2+	Wild Animal	Rope/Thick String	Winter Gloves
Jumbo Chalk	Plastic Bucket/Spade	Teddy Bear	Ball of Wool

Once again, thank you to everyone for your continuous support on our OPAL journey. Without your generosity we wouldn't be where we are now. Every little helps and it has completely transformed play times for your children.

Since our last game of bingo, we have added more to our large construction zone, developed a digging zone complete with hard hats and hi-vis vests, had roll-over bars installed and created a performance zone with a brand-new stage!

As always, we are beyond grateful!

Thank you,

The OPAL Team

## Headlice



Unfortunately, we still have some extra visitors in school.. headlice.

Please check your children's hair tonight and ensure you treat it straight away.

After applying the treatment, comb the hair every evening with the headlice comb to clear any lice or eggs.

Retreat the hair after 1 week.

If we can all be extra vigilant over the half term break, we can hopefully start back in November all nit free!

[Head lice and nits - NHS \(www.nhs.uk\)](http://www.nhs.uk)

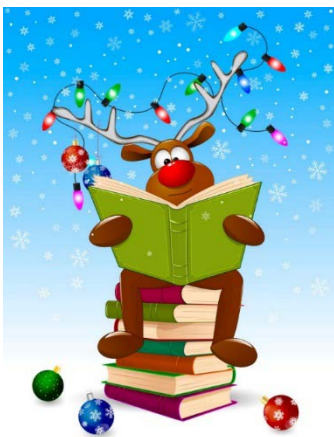
## Coffee Morning

It was lovely to see some of our families at our Coffee morning.

Thank you for the donations of cakes and for the monetarty donations which we have sent to Macmillan.



## Archibald Reads at Christmas...



Our new **Scholastic Book Club** is up and running! Go to <https://schools.scholastic.co.uk/archibald-first/digital-book-club> to browse the latest books and order online. For **every £1 you spend** on this month's Book Club, **our school will earn 20p** in Scholastic Rewards.

Please place your **order online by November 30th, 2023.**

Perfect presents for those Christmas Stockings!



We have a School Nurse based in school. Ciara is in school on a Thursday morning (alternate weeks) and will work with individual children, groups of children and meet with our grown-ups about their children.

Our School has a

## School Nurse



Who helps with

Anxiety. Anger. Attachment. Bereavement. Behaviour. Continence. Drug and alcohol support. Experience of domestic abuse. Food issues. Hearing testing. Height and weight. Healthy relationships. Harmful sexual behaviour. Looking for signs of Autism. Looking for signs of ADHD. Keeping safe online. Other mental wellbeing. Parenting support. Physical health concerns. Relationships & Consent. Respecting diversity. Risk taking behaviours. Speech and language. Self-esteem. Sleep issues. Self-harm. Sensory profiling. Sexual health. Trauma. Therapeutic interventions. Understanding feelings. Understanding friendships. Vision testing. Vaping advice.

We pay for the School Nurse as a school for the benefit of pupils and parents.

Grown-ups can book individual appointments with Ciara through the school office in person, by phone 01912851957 or via email [office@archibaldfirstschool.co.uk](mailto:office@archibaldfirstschool.co.uk)

[www.myschoolhealth.co.uk](http://www.myschoolhealth.co.uk) |

## Safeguarding

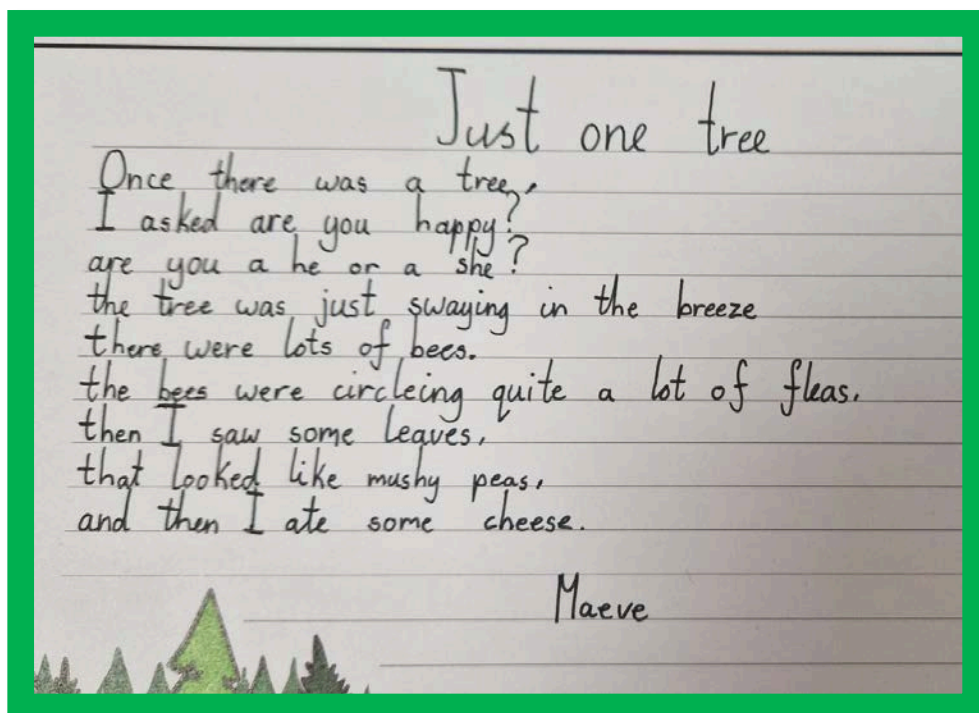
Please take a look at this video from GEM Education – our IT curriculum guru – linked to Keeping Children Safe Online



[Keeping Children Safe Online \(adobe.com\)](https://express.adobe.com/page/1MwEX3u3wRD/)

## Just One Tree Day

We raised £200 pounds for Just One Tree and £90 for trees to be planted at Archibald – THANK YOU!!!



Just One Tree Day fell in line with the devastating news about Sycamore Gap. We combined these two events to educate our children about how we can help our planet and events in our local area.





To celebrate One Tree Day, Early Years have explored printing with broccoli and cotton buds to paint our trees. We made a big tree using the leaves that had fallen from our tree in Triangle Zone.

[#OneTreeDay](#)

Year 2 – Tree of Hope



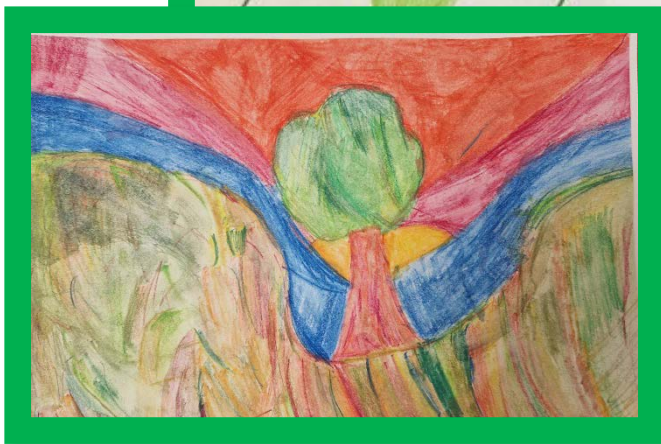
Year 3 – Sycamore Gap





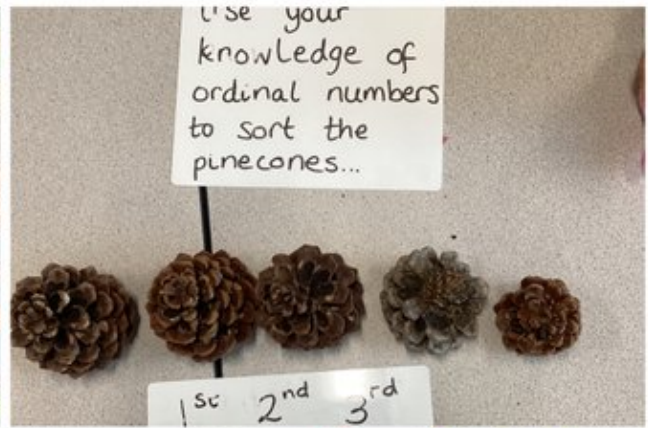
Year 4 have used water colours to create images to celebrate One Tree Day. They have also written their own cinquain poems about trees.

[#OneTreeDay](#)





Year 1 have enjoyed celebrating [#OneTreeDay](#) by using adjectives to describe autumn leaves, using watercolours and our sketching skills in art and getting [#AFSCreative](#) at forest school by creating our own trees out of twigs and leaves





## Did you know...

# Cost of

## Living Support

For Newcastle

The cost of living crisis is already real for many of our city's residents. Too many people are struggling to make ends meet, with some facing extreme hardship.

Steep rises in energy prices are outstripping wage and benefit increases and putting enormous pressure on daily life. Some are facing an unacceptable choice between heating and eating.

The council's role is clear - we will use every lever available to us to support residents through this crisis, and we will work with our partners in the city to do the same.

If you're struggling to manage we offer a range of advice and support so you can find the help you need.



Use the links below or [download our guide to support during the cost of living crisis](#).

If you need any support, please fill in our [Cost of Living support request form](#).

If you are in need of emergency support, please call our free helpline on 0800 170 7001.

<a href="#">Debt and money advice</a>	<a href="#">Energy advice</a>	<a href="#">Council tax discounts and exemptions</a>	<a href="#">Check what benefits you can receive</a>
<a href="#">Housing support</a>	<a href="#">Help with school and learning costs</a>	<a href="#">Free childcare</a>	<a href="#">Crisis support scheme</a>
<a href="#">Winter wellbeing hubs</a>	<a href="#">Managing on a low income</a>	<a href="#">Emergency funds and support</a>	<a href="#">Help with food (foodbanks and cheap food)</a>

If you would like to give us feedback on our website, please [complete this short online form](#).

[Cost of living support | Newcastle City Council](#)

<https://www.newcastle.gov.uk/cost-living-support>



**NHS Healthy Start** ✓



1 d · 🌐

If you're pregnant, or have a child under the age of 4 and are receiving a qualifying benefit, you could be eligible for the NHS Healthy Start scheme.

To find out more, or to apply online, click here 👉

<https://www.healthystart.nhs.uk/how-to-apply/>

**NHS**

**It's easy to apply online  
for your NHS Healthy Start  
prepaid card**

To see if you're eligible  
for Healthy Start, visit:  
**[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)**

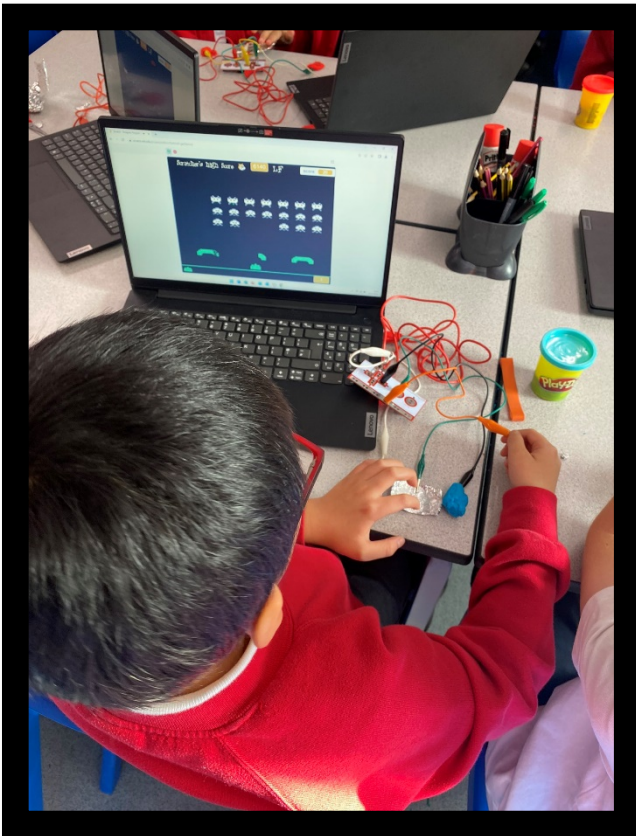
**Free  
School  
Meals** 🍴🔪

**Are you entitled?**

If your child is new to school, or your circumstances have changed and you think you now may be entitled to pupil premium funding, please apply following this link

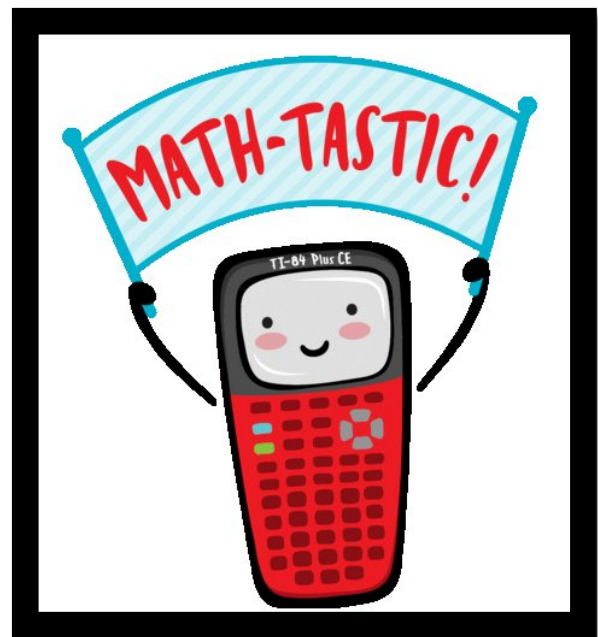
<https://newcastle.gov.uk/services/schools-learning-and-childcare/help-school-and-learning-costs/apply-free-school-meals>





Year 3 had a fantastic day with [@gem\\_education](#) using makey-makeys and coding their own spooky games! Thanks for inspiring us! [#AFScomputing](#) [#AFScreative](#)

Thank you to our governors who joined us on a maths learning walk to see maths from Nursery to Year 4. [#AFSmaths](#) We hope you enjoyed talking to the children & staff, seeing lessons and looking at the books.



## Hub of Hope



The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.


Initially a simple spreadsheet of local services populated at the kitchen table of Chasing the Stigma founder and CEO, Jake Mills, the Hub of Hope was born out of Jake's own lived experience of extreme mental and emotional distress. He witnessed first-hand the difficulties in finding relevant, accessible and nearby support when it was most needed and decided to take action.

To date, the Hub of Hope has directed hundreds of thousands of people to life-changing and even life-saving support and it is now the UK's go-to mental health support signposting tool, with thousands of local, regional and national support groups and services listed.

[Mental Health Support Network provided by Chasing the Stigma | Hub of hope](https://hubofhope.co.uk/)

<https://hubofhope.co.uk/>





Dear Archibald Families

Please join our  
coffee morning offering  
SEND support.

Come along and chat to each other  
and to Mrs West & Mrs Ward in a  
supportive space to ask questions,  
share strategies and  
discuss experiences.

9am Monday 6th November  
in the school portacabin

**\*Families & School Together\***

# Applying for Reception and Middle School Places

Please ensure that you apply for the next stage of your child's education by the closing date below. Attending our Nursery does NOT guarantee your child a place in Reception. Details can be obtained at [Apply for a school place | Newcastle City Council](#)



## Closing Dates

Reception 2024: 15<sup>th</sup> January 2024 at noon

Middle School 2024: 31<sup>st</sup> October 2023 at noon

**Nursery admissions begin January 2024 for a September 2024 start date.**

## School Events

All of our events can be found on the school diary. Please check this for regular updates. [Diary 2023-24 - Archibald First School](#)

### November 2023

06 Welcome back to school for the second part of the autumn term

08 Parents Evening – Classes 1, 2, 3, 4, 5, 6, 7, 8, 10 only 3.30- 6.00pm

08 Parents Evening – Nursery 3.30-5.30pm

09 Parents Evening – Nursery 9.00-11.00am

09 Year 1 to visit All Saints Church

10 #GSTRemembers for Remembrance Sunday

13 Year 3 to visit Rising Sun – Stone Age

13 Class 6 Parent Lunch

14 That History Bloke visiting Year 2 in school

14 Parents Evening – Classes 1, 2, 3, 4, 5, 6, 8, 9, 10 3.30-6.00pm

14 Parents Evening – Nursery 3.30-5.30pm

17 Friday Phonics for Reception Parents 9-9.30 am

21 Flu vaccinations for children in Reception to Year 4

24 Friday Phonics for Reception Parents 9-9.30 am

27 HSBC Workshops with Years 1-4

27 Prevent Training for Year 4

29 Year 4 visit to Beamish

29 Class 5 Parent Lunch