



Dear Families

You are invited to

Wellbeing Wednesday

9am-11am on 14th February 2024

in the School portacabin

This includes a

* Wellbeing Workshop

from the Ways to Wellbeing team

* Time to chat and share your self care ideas over coffee and biscuits

We look forward to seeing you

Diana and Angela

Please email diana.west@archibaldfirstschool.co.uk to let us know you will be joining us.