







Archibald First School Archibald Street Gosforth Newcastle upon Tyne NE3 1EB

Dear Parent/Carer

Headteacher Mrs R Turner

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March 2024

## **Class 8 Swimming Lessons**

Children in KS2 will have a chance to learn to swim in 45-minute-long lessons, Monday to Friday for two weeks. This model has proven to be a more effective delivery of lessons as the consecutive days make it easier for the children to remember, provides more time in the water and ensures a higher level of active learning.

Class 8 will begin their block of swimming lessons at Gosforth Pool starting Monday 17<sup>th</sup> June to Friday 28<sup>th</sup> June, between 2.15pm – 3pm.

The children will need to be collected later from school around 3.25pm.

In order to comply with the swimming pool regulations your child must:

- Bring a swimming cap with them to each session (please provide a swimming cap for your child and it is recommended to write their name on their cap).
- Bring a swimming costume / trunks (no bikinis or tankinis) and towel (also named).
- Gosforth Pool has a <u>no jewellery policy</u>. No child will be allowed to swim wearing earrings. It is your responsibility to remove earrings before school on swimming days, together with any other jewellery.
- Hair must be tied back.

Please note that as the children have to walk to the pool, <u>rain or shine</u>, they should bring a <u>suitable coat</u> with them on <u>every swim day</u>.

Please also note that swimming is a key part of the PE curriculum and as such, children must attend each session unless they are unwell and have a <u>letter from your GP</u>.

## **Request: Helpers for Swimming**

Depending on staffing, we may need your help to escort the children to the pool and back each day. If you are able to spare the time on a rota basis, please email Mrs Carr at <a href="mailto:office@archibaldfirstschool.co.uk">office@archibaldfirstschool.co.uk</a> indicating which day/s you are able to help and helpers will be picked at random. All helpers MUST have a valid Enhanced DBS for safeguarding and Mrs Carr will contact you via email with a link for you to complete the DBS process. The valid certificate MUST be shown to Mrs Carr before you are able to help with the swimming lessons.

Please reply by Monday 15<sup>th</sup> April if you are able to help, which will give Mrs Carr time to start the DBS process. We will then be in touch regarding a rota.

Thank you.

Mrs. R. Turner

Having fun, learning together.

Curious, caring, creative and courageous.